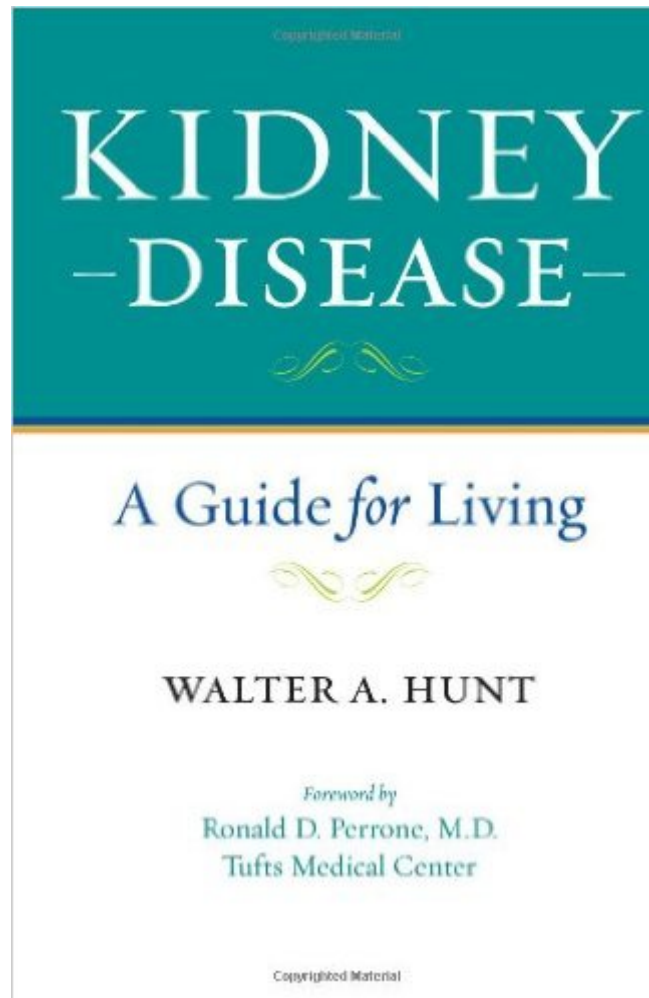


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# Kidney Disease: A Guide For Living



## Synopsis

Walter A. Hunt knows what it means to live with kidney disease. Here, he shares his experience and knowledge to help other people with the disease understand and cope with its challenges. When Hunt learned he had kidney disease, he was overwhelmed by the prospect of facing kidney failure. He had so many questions: Why are my kidneys failing? Is there anything I can do to save them? How will I know when my kidneys have failed? What will it feel like? What treatments are available for me? Is there a cure for kidney failure? The good news, as Hunt found out, is that kidney failure is highly treatable. People with the disease can lead full and productive lives, and Hunt's readable and empathetic book will help them do just that. It discusses the latest scientific and medical findings about kidney disease, including what kidneys do; the underlying diseases that cause failure; diagnosis, treatment, and prevention; dietary factors; clinical trials; and the future direction of research on kidney failure. Kidney disease is difficult, but as Hunt's narrative reveals, people living with it can take control of their health and their future. By understanding kidney failure—what causes it, how it may affect their lives, and what treatment options they have—people with the disease can improve their quality of life and achieve the best possible outcome.

## Book Information

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## Customer Reviews

Be aware; this author has a non-standard approach to kidney disease that I have researched and do not see clear evidence to support. In fact, I found quite a bit against. However, if you love the iconoclast approach, you might prefer to read this and leave the double-blind, placebo-controlled

research alone. The author has good credentials.

Walter Hunt has written a most inspiring, informative, eye-opening book, explaining kidney disease and offering solid suggestions on how to make choices to live with and manage kidney disease with courage and discipline. Dr. Hunt wowed me when I met him in 2005. I was impressed by his wit, smile, easy-going demeanor, and intelligence - among many other charming qualities. He underplayed his experiences with PKD. After reading his book "Kidney Disease: A Guide for Living," I am even more impressed with what he has accomplished. Not only has he gone through the ordeals, but he has now also shared his research and experiences to help those with kidney disease accept, cope, and remain both realistic and optimistic. I recommend this book not only to people facing kidney disease but also to people who want support and assurance to accept taking responsibility for their lives in the face of an unwelcome illness. Thank you for writing this book.

Purchased this book recently, from .com, and am finding it very helpful to me --- it is straight forward and explains well kidney disease and how it progresses and how patients can help keep their kidneys going with a good renal diet and healthy living ----- and finding a good kidney specialist to work with you.

I just finished reading the book, "Kidney Disease; A Guide for Living" and found it a compelling and insightful read. Written for the lay person, Kidney Disease; A Guide for Living offers sound advice to those living with, caring for or treating those with kidney disease, turning around one's thoughts to a positive attitude, the incomparable value of exercise, and much more. Walter Hunt's book is easy to read, combining a blend of common wisdom, conventional medical facts, cutting edge research and his own personal experience. I recommend it as an easy to follow; step-by-step handbook for anyone serious about taking responsibility for their own or a loved one's health.

The information in this book is very helpful, but the format is a little dense and I didn't find it quite as helpful as some other books. However, the information IS good, and I'd recommend it to anyone who likes the Table of Contents.

Very Informative. It provides very detailed information in plain language. I found it very helpful. I ordered this book from the library along with about another dozen or so when my brother was diagnosed with end stage kidney disease. This was by far the most helpful and understandable

book. I ordered this copy from to give to him so that he could get informed on everything about the kidneys, the treatments, and the options. I'm so glad I found this book.

Dr. Hunt provides great insights into living with kidney disease, which is valuable to both patients and the doctors who treat them. Presented in a simple and effective manner.

This book is a must read for anyone wanting to understand kidneys, diabetes, and kidney disease. It is a well written and easy to understand book for the layman and also anyone in the medical field. With wisdom, experience and an easy manner, Walter Hunt gives facts, basic instruction and also highlights the progress made in the treatment of kidney disease in an inspiring way. Suzanne RuffAuthor The Reluctant Donor

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